



# Is it Potty training time?

Creative Kids will be glad to help you when you decide it is time to begin potty training. The following signs are indicators your child may be ready to potty train:

- Expresses an interest in using the potty
- Tries to imitate other family members
- Is able to express the need to go potty (or indicate that he/she just has)
- Is able to pull pants up and down by him or her self
- Demonstrates irritation when diapers are wet
- Stays dry for about two hours at a time
- Expresses an interest in cotton underwear

When you feel your child is ready to begin let us know and we will do our part to help your child become toilet trained. Please read the following and become familiar with our beliefs and guidelines.

- We will not begin toilet training until you, the parent have decided it is time. This will require a team effort and if you are not going to toilet train at home then it is not time for us to train your child either.
- We encourage parents to avoid putting their child into any “pull up” type training pants. We have discovered this does not promote training and can even postpone your child’s success. Many times children will use them as a diaper when they do not want to take the time out to go to the bathroom. We have also noticed that they are not easy for a child to pull up and down when they are wearing clothing.
- Children struggle with buttons, zippers, and bib overall fasteners. We encourage loose fitting clothing with elastic waistbands that the kids can pull up and down easily.
- If a child has been working on toilet training for one week and has not shown any interest and success, we will recommend children return to diapers. It is not recommended to continue to put the child through training when they are not ready. Remember that most parents are ready before their children.

When you decide that it is time, please make sure that we have at least 5 complete changes of “kid friendly” clothing (including socks) available each day during the training period.